



MASTERPIECE of CREATION



SESSION ONE: HIS



KATIE HARTFIEL

SMALL GROUP GUIDE

GATHERING PRAYER

Let's begin our journey together in prayer, inviting the Holy Spirit to fill this space with His presence. Take a few moments in silence, allowing His peace to wash over you.

SUMMARY

Our world is all too eager to help us define ourselves. The labels and expectations that we as women try to live up to can be daunting, confusing, and even contradictory. This begs the question, "Why does our culture work so hard to tell us who we are and who we should be?" Our vision of ourselves is primary to our lives as Christians because our behavior flows from our identity. Today's session will focus on the breath of freedom we can experience when we have a clear and confident answer to the question, "Who are you?"

SMALL GROUP GOALS

- ✿ To speak about the challenges of seeing ourselves through the lens of the Father.
- ✿ To share pathways to the healing of our image.

DISCUSSION QUESTIONS

Open in prayer, inviting the Holy Spirit into your discussion.

- What stood out to you in today's talk?
- Why is it so hard to embrace God's vision of who we are? How is this particularly true for women?
- What are some practical ways that you have been able to achieve healing in this area?
- How can you help others (children, friends, family, strangers, etc.) to see themselves with dignity?

Close in prayer, asking for any special intentions.

SUPPLEMENTAL QUESTIONS

- Is self-confidence something you actually desire or that you are afraid of? Why?
- Who is someone you know who exudes their identity as the Lord's child? This may be in word, disposition, or action.
- What temptations do you experience that make you feel like you need to earn God's love?